

SOPHE

Society for Public Health Education

Health Equity Project



**sustainable solutions
for health equity**

Collaborative Partnerships

Partnerships are at the heart of SOPHE's philosophy and approach to public health capacity building and improving individual and community health. SOPHE's partners include:

National SOPHE

- CDC Division of Diabetes Translation
- National Association of Chronic Disease Directors
- American Diabetes Association
- American Association for Diabetes Educators
- Alliance to Reduce Disparities in Diabetes
- Center for Managing Chronic Disease at University of Michigan
- REACH CEED – University of Colorado in Denver
- DHHS/OMH – Regional Health Equity Councils

Georgia SOPHE Chapter

- Georgia Southern University
- REACH Legacy Project 2009 Jenkins County Diabetes Coalition
- Georgia Diabetes Coalition
- REACH SEA-CEED South Carolina

Northern California SOPHE Chapter

- Seva Foundation
- Intertribal Friendship House
- San Jose State University
- Community members with diabetes
- Community members (nurses, physicians, local business- grocers, recreation)

SOPHE Project Overview

SOPHE Chapters to engage national partners, community-based organizations and community members to support a national framework to eliminate health disparities and promote health equity among African Americans/Blacks (AA/B) and American Indians/Alaska Natives (AI/AN) populations in an effort to reduce and prevent diabetes and other chronic diseases.

Evidence-Based Best Practices

SOPHE Chapters assessed the Community Readiness Model for change by creating climate to integrate the culture of the community; and assessing the existing resources and the level of readiness to effectively address diabetes prevention and management. SOPHE evaluated project interventions based on Asset-Based Community Development (ABCD), which draws upon existing community strengths to build stronger, more sustainable communities for the future.

Capacity Building

SOPHE Competency-based Technical Assistance Curriculum Toolkit integrates individual and organizational behavioral change for collaborative community interventions. SOPHE contributed to policy change by recognizing certified health educators in the National Diabetes Self-Management Standards and establishing eligibility to become Certified Diabetes Educators. Also, Georgia SOPHE partnered with community-based organizations to help leaders conduct photovoice and other lifestyle change initiatives for rural African Americans/Blacks. Northern California SOPHE partnered with an urban community-based native organization to help leaders coordinate community gardening, as well as implementing food labeling at PowWows to increase access to healthy foods.

Dissemination Activities

SOPHE project dissemination activities include one manuscript submission, nine conference presentations and two newspaper publications.

The "SOPHE Sustainable Solutions Health Equity: Chapter Collaboration to Address Diabetes Among Minority Communities" abstract was presented at:

- 2nd Annual Minority Health Conference at George Washington University
- Xavier University of Louisiana Health Disparities Conferences
- SOPHE Midyear & Annual Meetings
- Georgia SOPHE Annual Meetings
- REACH U.S. – California and Beyond: REACHing for Health Equity
- U.S. Public Health Service Scientific & Training Symposia
- American Public Health Association Annual Meetings

For more information, visit www.sophe.org/healthequityproject.cfm